



## INFORMATION FOR TRAVELLERS ARRIVING IN MAINLAND FRANCE FROM ABROAD

You have arrived from a country listed in article 1-1 of the French Decree of 10 July 2020 with an extremely high number of active COVID-19 cases or where certain SARS-CoV-2 variants of concern are spreading.

### Before departure

**Have an RT-PCR test or equivalent carried out less than 36 hours** before departure which is negative for infection;

or

**Have an RT-PCR test or equivalent carried out less than 72 hours** before departure and an antigen test less than 24 hours before departure which are negative for infection;

**If you are unable to present documentation for these negative test results, you will be denied boarding.**

**Complete a sworn statement\*** declaring that you do not show signs of COVID-19 and have not been in contact with anyone confirmed to have COVID-19 in the 14 days before travel;

**Complete a travel certificate\*** indicating your compelling reason for travel and bring one or more documents to justify it;

**You undertake to :**

- **Comply with a mandatory 10-day self-isolation period** after your arrival in the country;
- Self-isolate at home, in suitable accommodation or in accommodation designated by the French authorities, and be able to provide the full details of this accommodation if asked.

### Upon arrival

Have an **antigen test** carried out at the airport of arrival;

Self-isolate for **the mandatory 10-day period** (failure to do so may result in a fine).

As part of the self-isolation support system, you will be regularly contacted by the French Health Insurance Services to help you during this period.

\*The sworn statement, travel certificate and the list of countries are available at:  
<https://www.interieur.gouv.fr/Actualites/L-actu-du-Ministere/Attestation-de-deplacement-et-de-voyage>

**Wearing a mask and maintaining a safe distance of at least one metre from others is mandatory in French airports.**





## Self-isolation period



### Remain in one place:

- **At home** if you have accommodation that allows you to isolate from the people sharing your home or residence;
- **In suitable accommodation (hotel or similar);**
- **In specific accommodation or accommodation designated by the French authorities** if you do not have a home address or suitable accommodation;
- **Limit all contact with others:** strictly adhere to safety and hygiene measures;
- **Wear a mask if you must go out during the permitted hours or if you are with someone else.**

## For everyone's safety, please follow these safety measures on a daily basis:



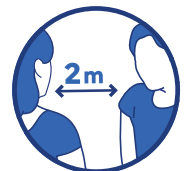
Wear a Category 1 surgical or fabric mask when you cannot maintain a two-metre safe distance



Ventilate rooms as often as possible, at least a few minutes every hour



Keep social contact to a minimum (six people maximum)



Maintain a safe distance of at least two metres from other people



Wash your hands regularly or use hand sanitiser



Cough or sneeze into your elbow or a tissue



To blow your nose, use a single-use tissue and then throw it away



Greet others without shaking hands or hugging



Use digital tools (TousAntiCovid app)



Avoid touching your face



#Tous  
AntiCovid

